



## NEKA | NATIONAL ACADEMY OF HANDBALL



In the 3500 squaremeters Sports Hall, which is also suitable for organising international matches, we can find three 20x40 metres handball courts next to each other. If it is needed, the courts can be opened together or separated with the help of mobile elements. It gives the opportunity to three different teams of training at the same time.

In elite sports skills development and objective measurement of the performance of sportsmen and sportswomen get a high role increasingly, its excellent basis is the Diagnostic Centre.

- **3500-squaremeter sports court**
- **3 handball courts, which can be opened to each other**
- **quality Danish sports floor**
- **football pitch, 350-meter running circles**
- **Diagnostic Centre**
- **400-squaremeter conditioning room**
- **lecture hall with 40 seats**
- **running aisle**
- **Speed Court system**
- **sports science measurements-  
diagnostic equipment**
- **condition measurements, special therapies**



The main complex of NEKA, called the Residential village, is located directly on the shore of Lake Balaton. In the 2,5-hectare park with ancient trees, dormitories, a hotel, a restaurant, a conference centre, a rehabilitation centre and a recreation unit can be found.

The recreation unit of NEKA's Residential village is in a calm, unique building, which has a 410-squaremetre area. There, next to the whirlpool bath, a Finnish sauna with 20 seats, an infrared sauna with 2 seats, a steam cabin with 10 seats, some jade massage beds and a special counter-current pool are placed.

There is the opportunity to recharge, relax after work-outs or additional treatments, which serves the quick regeneration.

- **air-conditioned hotel rooms, apartments**
- **conference room with 200 seats**
- **rehabilitation unit**
- **restaurant**
- **recreation unit**
- **whirlpool bath, Finnish sauna, infrared sauna, steam cabin, counter-current pool**

